

NEW CLASSES

(September-December) **Stroll down to view endless possibilities!**



TINY TOTS GYMNASTICS

Basic gymnastics skills will be taught with emphasis on strength and conditioning. This class is for the young boys and girls.

Location: Southern Community Center
Activity #: 131880

Age	Day	Time	Date	Sec	Fee
3-6	Tu	5:30-6:15P	9/12 - 11/28*	A	\$130

Instructor: Calvert School of Dance
*No Class: 10/31

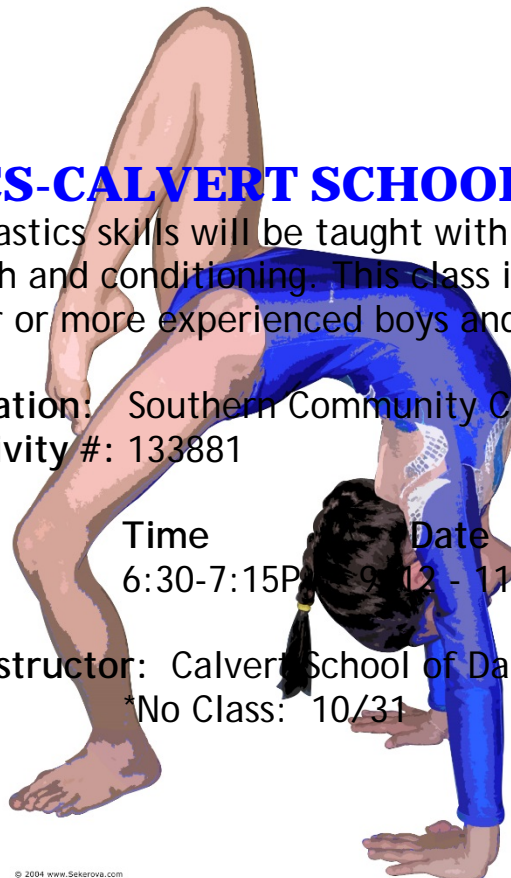
GYMNASTICS-CALVERT SCHOOL OF SCHOOL

Basic gymnastics skills will be taught with emphasis on strength and conditioning. This class is for the older or more experienced boys and girls.

Location: Southern Community Center
Activity #: 133881

Age	Day	Time	Date	Sec	Fee
6-12	Tu	6:30-7:15P	9/12 - 11/28*	A	\$130

Instructor: Calvert School of Dance
*No Class: 10/31





American Belly Dance

Belly Dancing makes you look and feel wonderful. Fun and unusual way to keep up with exercise as well as making your fit-bit steps.

Location: Southern Community Center
Activity #: 132215



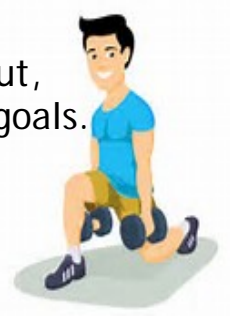
Age	Day	Time	Date	Sec	Fee
5+	Tu	7:00-8:00P	9/12-10/17	A	\$64

Instructor: Anna Vermillion



BEACHBODY INSANITY®LIVE

BEACHBODY INSANITY®LIVE is a fun energetic group workout, created to help people of all fitness levels to achieve fitness goals.
 Section Z - Free/Demo Class.



Location: Southern Community Center
Activity #: 132397

Age	Day	Time	Date	Sec	Fee
10+	Tu,Th	6:30-7:30P	9/26 - 11/2	A	\$64
18+	Th	6:30-7:30P	9/21 - 9/21	Z	\$0

Instructor: Roland Yager

~The End~