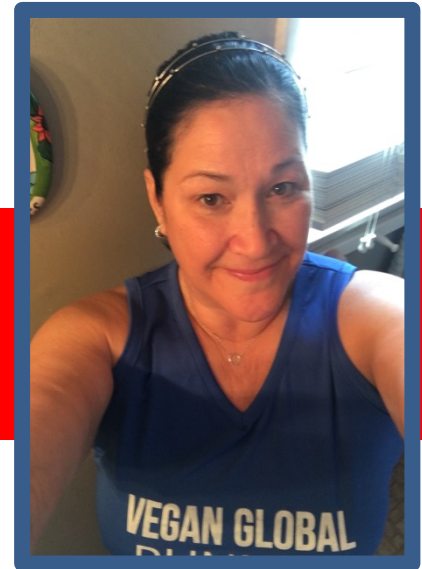




Calvert County Parks & Recreation,  
The Northern District Presents...



# GET TO KNOW YOUR INSTRUCTORS!

## MEET Starla Maurer

**What do you teach?**  
**Jazzercise**

**How long have you been teaching your class?**  
**I have been teaching for Calvert County Parks & Rec for the past 2 years. I have taught aerobics for the past 37 years.**

**Profession when you're not teaching:**  
**I own Jazzercise classes not only in Calvert County, but in St. Mary's county as well. I am a full time student when I am not teaching.**

**Certifications:**  
**Jazzercise; AFAA group instructor, personal trainer; AAHFP Post Rehab Exercise Specialist, Medical Exercise Specialist; ACSM Health Fitness Instructor 1**

**More about Starla:**  
**When I am not teaching classes or in school, I volunteer for a rescue center in St. Mary's County called SMAWL Cat Castle.**