

SWIM LESSON REGISTRATION

NEW REGISTRATION PROCEDURES

Level 1-Introduction to Water Skills (ages 5-Up) Helps participants feel comfortable in the water. Register your child for this level if they have not taken swim lessons **AND** are not comfortable in water or don't like to put their face in the water.

Level 2-Fundamental Aquatic Skills (ages 5-Up) Gives participants success with fundamental skills. Register your child for this level if they have successfully completed level 1 **OR** are comfortable in the water, will put their face underwater, dog paddle but have no formal stroke development.

Level 3-Stroke Development (ages 5-Up) Builds on the skills from level 2 with additional guided practice. Introduces formal stroke development. Register your child for this level if they have successfully completed level 2 **OR** can swim unassisted in water over their head with no formal stroke development.

Level 4-Stroke Improvement (ages 7-Up) Develops confidence in skills learned at the previous levels, refines strokes and improves skills. Successful completion of this level will have children prepared to enter competitive swimming. Register your child for this level if they have successfully completed level 3 **OR** can swim front crawl (freestyle) with face in the water with breathing and backstroke.

Level 5-Stroke Refinement (ages 7-Up) Provides further coordination and refinement of strokes. Successful completion of this level will have children prepared to enter competitive swimming. Register your child for this level if they have successfully completed level 4 **OR** can swim the complete length of the pool using the front crawl (freestyle) with face in the water, with rhythmic breathing, back stroke and breaststroke.

Level 6-Swimming and Skill Proficiency (ages 8-Up) Refines the strokes so participants will swim with ease, efficiency and power over great distances. Prepares participants to take the Water Safety Instructor program or Lifeguarding program. Register your child for this level if they have successfully completed level 5 **OR** no longer wish to participate in a competitive swim program but wish to continue to improve swimming skills.

† exceptions to the minimum age will be made after consulting with the Aquatics Supervisor.

Introduction to Water Skills for 4 year olds (4 year olds only!) Level 1 and Level 2 skill sets are combined to introduce 4 year olds to the water and prepare them to enter level 2 or Level 3 when they reach the age of 5. Special attention is given to the motor development skills most four year olds have.

Parent Child Aquatics (PAC) - Introduction to water skills for young children. The focus of these classes is to work with parents on how they can better prepare their children to be safe around the water. Both levels help prepare children to be comfortable in and around the water and prepared to enter future swim programs. This program is not progressive so registering for multiple sessions is not recommended. Children not potty trained will be required to wear a swim diaper under their bathing suit. **All participants need to be accompanied by an adult in swimming attire in the pool.**

PAC I (ages 1 - 2½) **PAC II** (ages 2½ - 4)

Adults-Level 1 (16-Up) Helps participants feel comfortable in the water. Register for this level if your knuckles turn white because you don't want to let go of the wall or are uncomfortable in water over your head.

Adults-Level 2 (16-Up) Introduces formal stroke development for those who are comfortable in the water but have not worked on basic stroke skills.

Registration will begin Saturday April 24, 2010 at 9:00 a.m. Registration will remain open until the Thursday prior to the start of each session.

There are several options for registration...

WALK IN: Walk in registration will be taken at any of the three community centers, Mt. Hope, Northeast or Southern and the Edward T. Hall Aquatic Center, once open. Please complete the form on the back page of this brochure and bring it and the method of payment described with you to a center. Additional registration forms are available at www.co.col.md.us/residents/parks/events/

ONLINE: If you are an existing household with CCPR online registration is available to you through WEBTRAC. Follow the procedure on the registration form.

★ Remember to include the Session Letter (A,B,C...) with the class registration number. ★

**Registration is on a first come first served basis.
Due to small class sizes, courses fill quickly.**

Children registered in the incorrect class level will NOT be moved to the appropriate class level at the same time block unless space is available.

Aquatics staff will be available to answer questions regarding swimming lessons Monday-Friday, 9:00 a.m.-4:00 p.m.

Aquatics staff will be available at each center to answer questions from 9:00 a.m.-Noon on Saturday April 24, 2010.

For more info., (410) 535-1600 x2225 or (301) 855-1243 x2225.

SUMMER LESSONS

Weekday	9 30-Minute Lessons	\$55.00
Mornings:	Monday through Friday Week 1 Monday through Thursday Week 2	
	Session A: June 21 - July 1	
	Session B: July 5-July 15	
	Session C: July 19-July 29	
	Session D: August 2-August 12	
Evenings:	8 30-Minute Lessons	\$50.00
	Session E: Monday/Wednesday	June 21-July 14
	Session F: Tuesday/Thursday	June 22-July 15
	Session G: Monday/Wednesday	July 19-August 11
	Session H: Tuesday/Thursday	July 20-August 12
Saturdays:	8 30-Minute Lessons	\$50.00
	Session I: June 26-August 14	

SWIM LESSON SCHEDULE

KING'S LANDING SUMMER MORNING				COVE POINT SUMMER MORNING					
LEVEL 1	ACTIVITY #			LEVEL 1	ACTIVITY #			LEVEL 2	ACTIVITY #
9:00-9:30	911011			9:00-9:30	931011			9:00-9:30	931021
9:45-10:15	911012			9:45-10:15	931012			9:45-10:15	931022
10:30-11:00	911013			10:30-11:00	931013			10:30-11:00	931023
11:15-11:45	911014			11:15-11:45	931014			11:15-11:45	931024
LEVEL 3	ACTIVITY #			LEVEL 3	ACTIVITY #			LEVEL 4	ACTIVITY #
9:00-9:30	911031			9:00-9:30	931031			9:00-9:30	931041
9:45-10:15	911032			9:45-10:15	931032			9:45-10:15	931042
10:30-11:00	911033			10:30-11:00	931033			10:30-11:00	931043
11:15-11:45	911034			11:15-11:45	931034			11:15-11:45	931044
LEVEL 5	ACTIVITY #			LEVEL 5	ACTIVITY #			LEVEL 6	ACTIVITY #
9:00-9:30	911051			9:00-9:30	931051			9:45-10:15	931062
10:30-11:00	911053			10:30-11:00	931053			11:15-11:45	931064
PRESCHOOL	ACTIVITY #			PRESCHOOL	ACTIVITY #				
9:00-9:30	Bag 4	911071		9:00-9:30	Bag 4	931071			
9:45-10:15	PAC 1	911082		9:45-10:15	PAC 1	931082			
10:30-11:00	PAC 2	911093		10:30-11:00	PAC 2	931093			
11:15-11:45	Bag 4	911074		11:15-11:45	Bag 4	931074			
HALL AQUATIC CENTER SUMMER MORNING				HALL AQUATIC CENTER SUMMER EVENING					
LEVEL 1	ACTIVITY #			LEVEL 1	ACTIVITY #			LEVEL 2	ACTIVITY #
9:00-9:30	921011			5:00-5:30	921015			5:00-5:30	921025
9:45-10:15	921012			5:45-6:15	921016			5:45-6:15	921026
10:30-11:00	921013			6:30-7:00	921017			6:30-7:00	921027
11:15-11:45	921014								
LEVEL 3	ACTIVITY #			LEVEL 3	ACTIVITY #			LEVEL 4	ACTIVITY #
9:00-9:30	921031			5:00-5:30	921035			5:00-5:30	921045
9:45-10:15	921032			5:45-6:15	921036			5:45-6:15	921046
10:30-11:00	921033			6:30-7:00	921037			6:30-7:00	921047
11:15-11:45	921034								
LEVEL 5	ACTIVITY #			LEVEL 5	ACTIVITY #			LEVEL 6	ACTIVITY #
9:00-9:30	921051			6:30-7:00	921057			6:30-7:00	921067
10:30-11:00	921053								
PRESCHOOL	ACTIVITY #			PRESCHOOL	ACTIVITY #				
9:00-9:30	Bag 4	921071		5:00-5:30	Bag 4	921075			
9:45-10:15	PAC 1	921082		5:00-5:30	PAC 1	921085			
10:30-11:00	PAC 2	921093		5:45-6:15	PAC 2	921076			
11:15-11:45	Bag 4	921074		5:45-6:15	PAC 2	921096			
				6:30-7:00	Bag 4	921077			
				ADULTS	ACTIVITY #				
				7:15-7:45	Level 1	922018			
				7:15-7:45	Level 2	922028			

AQUATIC EMPLOYMENT OPPORTUNITIES

Calvert County Parks and Recreation is hiring for the following hourly positions at the **Hall Aquatic Center**, **Cove Point Pool** and **Kings Landing Pool**:

- Lifeguard I, \$7.75/hr
- Lifeguard II, \$8.75/hr
- Water Safety Instructor (WSI), \$12.00/hr
- Customer Service Attendant, \$10.00/hr
- Pool Clerk, \$7.25/hr
- Pool Manager, \$12.00/hr
- Water Park Manager, \$15.00/hr
- Assistant Pool Manager, \$10.00/hr
- Assistant Water Park Manager, \$12.00/hr
- Lifeguard Instructor (LGI), \$15.00/hr
- Swim Lesson Supervisor, \$15.00/hr

Visit the link below for information and to apply. Positions can be found under seasonal and hourly job opportunities at

www.co.ca.md.us/government/administration/employment/