

EDWARD T. HALL AQUATIC CENTER
130 Auto Drive, Prince Frederick, MD 20678 • (410) 414-8350



Zumba® “pool party,” the **Aqua Zumba** program gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. The Aqua Zumba class blends it all together into a safe, challenging, water-based workout that’s cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.



Activity #: 722333

Sign up for these sessions.....

Age	Day	Time	Date	Sec	Fee (Senior)
16+	Tu,Th	11:30A-12:15P	1/10 - 2/2	A1	\$56 (\$40)
16+	Tu,Th	11:30A-12:15P	2/7 - 3/1	B1	\$56 (\$40)
16+	Tu,Th	11:30A-12:15P	3/6 - 3/29	C1	\$56 (\$40)

.....OR Drop-In the FIRST & THIRD Saturday of the month at 8:15 a.m.

\$8.00 per drop-in class or use HAC Fitness Punch Pass

\$6.00 per drop-in class or use HAC Fitness Punch Pass

Certified Zumba Instructor: Lindsay Owen



Calvert County Parks and Recreation

For more information, please call (410) 414-8350 or Maryland Relay for Impaired Speech and Hearing at (800) 735-2258. Calvert County services are available to individuals with disabilities.